



# The 21<sup>st</sup> IKF WORLD KEMPO CHAMPIONSHIPS

& The 3<sup>rd</sup> World Adapted Kempo Championships

22 – 27 April 2025

Caldas da Rainha - Portugal

**SPORT  
ACCORD**

WORLD SPORT & BUSINESS SUMMIT

U.K. 2011

CANADA 2012

RUSSIA 2013

TURKEY 2014

RUSSIA 2015

SWISS 2016

DENMARK 2017

THAILAND 2018

AUSTRALIA 2019

**TAFISA  
MEMBER**

**CSIT**

**IAKS**  
International Association  
for Sports and Leisure Facilities

**ICSSPE**

**WORLD  
ANTI-DOPING  
AGENCY**  
play true

**ISCA**  
International Sport and  
Culture Association



## OFFICIAL INVITATION

### THE 21<sup>st</sup> IKF WORLD KEMPO CHAMPIONSHIPS

The 3<sup>rd</sup> World Adapted Kempo Championships

Caldas da Rainha - Portugal

22 – 27 April, 2025

Nr. 70 / July 17, 2024





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22 – 27 April 2025

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: ALL KEMPO/KENPO ORGANIZATIONS

In attn: President/Secretary General

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## OFFICIAL INVITATION

On behalf of the International Kempo Federation and the Portuguese Lohan Tao Kempo Federation, we are honored to invite you to attend the following events:

### The 21<sup>st</sup> IKF WORLD KEMPO CHAMPIONSHIPS 2025

The 3<sup>rd</sup> World Adapted Kempo Championships

organized in the beautiful city of

**Caldas da Rainha - Portugal**

during

**22 – 27 April, 2025**

This great event will offer amazing opportunities to your high-class athletes to attend this amazing gold IKF's event of the year 2025.

In the following pages you can find all the main information about this up-coming event, the events you're allowed to enter and how to get there.

We're looking forward to see you on the IKF's field of contest,

**ERIC LA ROCCA**

Secretary General

**AMATTO ZAHARIA**

President

**BRUNO REBELO**

IKF CEO





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## WORLD KEMPO CHAMPIONSHIPS 2025

Who can attend this event: **IKF MEMBERS ONLY**

Organizing committee in charge:

**INTERNATIONAL KEMPO FEDERATION**

& PORTUGUESE FEDERATION OF LOHAN TAO KEMPO

### Step 1 – THE IKF's MEMBERSHIP STATUS

In order to compete in the main sport event of the year 2025, the IKF World Kempo Championships, you must be registered as an IKF member, as follows:

- **Full-Member** (your organization already received the IKF Full-Membership recognition)
- **Associated Member** (you represent a Kempo/Kenpo organization legally founded in front of your country's laws as a sport organization, being officially registered to IKF).

### Step 2 – THE IKF 2025 ANNUAL MEMBERSHIP payed to:

INTERNATIONAL KEMPO FEDERATION

Bank Caisse D'Epargne Cote D'Azur Nice 25,

Avenue Jean Médecin 060000, Nice-France

IBAN: FR76 1831 5100 0008 003 14434105, BIC : CEPAPRPP831

### Step 3 – VISAS, ACCOMODATION & AIRPORT TRANSFERS

In order to participate in the IKF 21<sup>st</sup> World Kempo Championships you must finish visas procedures, booking your hotel and airport transfers by contacting Portuguese Federation:

**Mrs. Tatiana Clemente** ([geral@fplk-kempoportugal.com](mailto:geral@fplk-kempoportugal.com))

### Step 4 – COMPETITION REGISTRATION & PAYMENTS

In order to register and participate in the IKF 21<sup>st</sup> World Kempo Championships 2025 you must send your competition lists till **31.march.2025** to:

**Mr. Amatto Zaharia** ([amattokai@yahoo.com](mailto:amattokai@yahoo.com))



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## **PARTICIPATION PACKAGES**

(hotel accommodation and airport transfers)

*Committee in charge:*

PORTUGUESE FEDERATION OF LOHAN TAO KEMPO

**Mrs. Tatiana Clemente** ([geral@fplk-kempoportugal.com](mailto:geral@fplk-kempoportugal.com))

### **4 Star Hotels (\*\*\*\*)**

Sana Hotel (Caldas da Rainha) & Josefa D'Óbidos (Óbidos)

- Package 6 days: 515€/person
- Package 5 days: 455€/person
- Package 4 days: 395€/person

### **3 Star Hotels (\*\*\*)**

International Hotel (Caldas da Rainha), Cristal Caldas (Caldas da Rainha), Europeia (Caldas da Rainha), Inatel (Caldas da Rainha), Campanile (Caldas da Rainha), Louro (Óbidos)

- Package 6 days: 360€/person
- Package 5 days: 310€/person
- Package 4 days: 260€/person

### **AIRPORT TRANSFERS**

- 60 Euro/person (*transfers airport-hotel-airport for groups of minimum 5 people*)
- 100 Euro/person (*for groups less than 5 people or for individual transfer*)

### **PENALTIES (paid to Portuguese Federation)**

- 150 Euro/person for all athletes, coaches and any kind of supporters who will book their accommodation by themselves and not through the organizer; without paying the penalty, none of the mentioned people will be allowed to enter in the sporthall.

### **HOTEL REGISTRATION DEADLINE**

**31.March.2025**

After the hotel registration deadline you will have a maximum period of 10 days to book your accommodation by paying a penalty fee of 50 euro per person.



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## COMPETITION FEES & DIVISIONS WKC 2025

Committee in charge:

INTERNATIONAL KEMPO FEDERATION

Mr. Amatto Zaharia: [amattokai@yahoo.com](mailto:amattokai@yahoo.com)

### COMPETITION FEE

- 150 Euro/athlete - official registration (*can enter in maximum 2 events*)
- 50 Euro for any additional event

### FIGHTING KEMPO

- Semi-Kempo (boxing gloves; stand-up fighting/touchpoint system)
- Full-Kempo (boxing gloves; full-contact stand-up fighting mixed with 10 seconds of submission ground fighting; no strikes allowed during ground fighting)
- Knockdown (MMA gloves; full-contact stand-up fighting and ground fighting; kicks to the head during stand-up is allowed; no knees to the head at all; no punches to the head; punches/knees/elbows just to the body and just during ground fighting);
- Submission (bare knuckle; throws, immobilizations and locks; no strikes allowed);
- Kempo MMA (only invitational).

### TRADITIONAL KEMPO

- Kata (*female, male*)
- Kata Synchron (*female, male*)
- Weapon Kata (*female, male*)
- Self-Defense 1vs.1 (*female teams, male teams, mixed teams*)
- Self-Defense 1vs.3 (*mixed teams/maximum of one team per country*)

### AGE CATEGORIES

- 12-14 years old (12 and 13), 14-16 years old (14 and 15), 16-18 years old (16 and 17), Seniors U21 (18, 19 and 20), Seniors 21-38 years old (21-38), Masters 39-49 years old (38-50), Veterans (+50 years old)

### WEIGHT CATEGORIES

- 12-14 years old (*female and male*)  
-35Kg, -40Kg, 45Kg, -50Kg, -55Kg, -60Kg, -65Kg, -70 Kg, +70 Kg
- 14-16, 16-18, 18-21, 21-38, 38-50 and +50 years old (*female*):  
-50 Kg, -55 Kg, -60 Kg, -65 Kg, -70 Kg, +70 Kg;
- 14-16, 16-18, 18-21, 21-38, 38-50 and +50 years old (*male*):  
-55 Kg, -60 Kg, -65 Kg, -70 Kg, -75 Kg, -80 Kg, -85 Kg, -90 Kg, -95 Kg, +95 Kg

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## WORLD ADAPTED CHAMPIONSHIPS

*Committee in charge:*

PORTUGUESE FEDERATION OF LOHAN TAO KEMPO

**Mrs. Tatiana Clemente** ([geral@fplk-kempoportugal.com](mailto:geral@fplk-kempoportugal.com))

### PARTICIPATION FEE

Free of charge

### FIGHTING KEMPO

- Adapted Semi-Kempo  
(boxing gloves; stand-up fighting/touchpoint system)

### TRADITIONAL KEMPO

- Adapted Kata (Female, Male)
- Adapted Weapon Kata (Female, Male)
- Adapted Self-Defense 1vs.1 (Female teams, Male teams, Mixed Teams)

### AGE CATEGORIES

10-12 years old (10 and 11), 12-14 years old (12 and 13), 14-16 years old (15 and 16), 16-18 years old (16 and 17), Seniors 18-38 years old (+18), Senior Masters (+38 years old), Veterans (+50 years old);

### WEIGHT CATEGORIES

- 10-12, 12-14 years old (female and male):

-25 Kg, -30 Kg, 35Kg, -40Kg, 45Kg, -50Kg, -55Kg, -60Kg, -65Kg, -70 Kg, +70 Kg

- 14-16, 16-18, 18-21, 21-38, +38 years old (female):

-50 Kg, -55 Kg, -60 Kg, -65 Kg, -70 Kg, +70 Kg;

- 14-16, 16-18, 18-21, 21-38, +38 years old (male):

-55 Kg, -60 Kg, -65 Kg, -70 Kg, -75 Kg, -80 Kg, -85 Kg, -90 Kg, -95 Kg, +95 Kg



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## GENERAL ORGANIZING RULES

### 1. KEMPO UNIFORMS (white pants, black Gi jacket, red belts)

*Absolutely ALL COMPETITORS must come at the weigh check-in and at the opening ceremony wearing the official IKF uniform. Each competitor will be registered just after presenting his own uniform very clean and in a very good shape, including also his own red belt and blue belt. All competitors must take care of their hygiene by having short cutted nails, clean body and no piercings. Just when on the blue corner competitors will wear blue belts.*

### 2. PROTECTIVE EQUIPMENTS

The Organizer will provide **no equipment's**. Each team must provide obligatory:

- Red belts, blue belts; Boxing gloves red/blue; MMA gloves red/blue;
- Headgear red/blue: “+16” years old (**without mask**);
- Headgear red/blue: “under 16” years old (**with mask**);
- Shin guards: red/blue or neutral black color (**covering the toes**);
- Mouthguard: mandatory in all fighting divisions if there is no mask headgear;
- Body protections red/blue: mandatory for all “under 16 years old”;
- Groin protection for men; Chest protection for women;

### 3. REFEREES & JUDGES

- in order to act as an referee in the IKF competitions your candidate must be licensed and authorized by the IKF Chairman of Referees;
  - each country must bring inside of the WKC 2025 at least one referee;
  - no referee or judge will be included without attending the official IKF course;
  - no referee or judge will be included without having the IKF Official Referee T-Shirt;
- Attention!!! countries who will not bring inside at least 1 authorized referees will have no right to contest in any way and for any reasons.*

### 4. SPORT BEHAVIOUR

Attention!!! Strictly forbidden!!!

- changing clothes or uniforms on the chairs, inside of the sport hall, in front of public;
- bad behavior, bad words, offensive/insulting gestures;



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### 5. ATTENTION!

For any offensive behavior of your athletes, coaches or even of your supporters, there will be **penalty points** or **disqualification**; if there will be repeated bad behavior actions, the entire team can be disqualified from that competition day; in case of disqualification, there will be no medals awarded for any of your disqualified athletes and the medals will go directly to the next ones in ranking;

### GENERAL RULES FOR REGISTRATION IN THE WKC 2025

- one country can register a maximum of 2 athletes or 2 teams per category/division;
- in self-defense 1 vs 3, one country can register only one team for under 18 y.o. and one team in over 18 y.o. (open);
- one athlete can compete in any of WKC's 2023 divisions, by the IKF rules;
- one athlete can compete in maximum 2 fighting divisions per day;
- one athlete can compete in only one Kata division (soft or hard; not in both);
- categories having less than 3 countries will be merged automatically in the next one;
- the age of defender (uke) decides the age of category; the attacker can be only from the defender same age category or from the immediately upper one;
- in Self-Defense divisions, one name can appear only in one team/category  
(Exemple: one man can appear only in one male team and only in one mixed team)
- *In case a country who is IKF member register less than 20 athletes in the WKC 2025, the organizer can register in the Open Cup any athletes from those countries.*



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### **FICIAL SCHEDULE**

#### **20-21 April 2025**

- teams arrival

#### **22 April 2025**

- international referee course

#### **23 April 2025**

- competition start
- Kata, Weapon Kata, Self-Defence

#### **24 April 2025**

- Submission Kempo
- Adapted Kempo Championships (all Para-Kempo events)

#### **25 April 2025**

- Semi-Kempo and Knock Down
- Adapted Kempo Championships (all Para-Kempo events)

#### **26 April 2025**

- Full Kempo and Kempo MMA (*only invitational by proposal*)
- Sayonara Party

#### **27 April 2025**

- Kempo Gladiators

#### **27-28-29 April 2025**

- teams departure



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*Committee in charge:*

PORTUGUESE FEDERATION OF LOHAN TAO KEMPO

**Mrs. Tatiana Clemente** ([geral@fplk-kempoportugal.com](mailto:geral@fplk-kempoportugal.com))

**National Kempo/Kenpo Organization Name:**

.....

**Team leader name:** .....

**Team leader mobile phone:** .....

**Team leader e-mail adress:** .....

## Names and passports

1. Name:

Passport number:

2. Name:

Passport number:

3. Name:

Passport number:

4. Name:

Passport number:

5. Name:

Passport number:

6. Name:

Passport number:

7. Name:

Passport number:

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## LIGHTS INFORMATION

*Committee in charge:*

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**Mrs. Tatiana Clemente** ([geral@fplk-kempoportugal.com](mailto:geral@fplk-kempoportugal.com))

**National Kempo/Kenpo Organization Name:**

.....

**Country:** .....

**Team leader name:** .....

**Team leader mobile phone:** .....

**Team leader e-mail address:** .....

## ARRIVAL

Date of Arrival: ..... Time of Arrival: .....

Airline name: ..... Flight number: .....

No. of people: .....

## DEPARTURE

Date of Departure: ..... Time of departure: .....

Airline name: ..... Flight number: .....

No. of people: .....



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## AIRPORT TRANSFERS

*Committee in charge:*

PORTUGUESE FEDERATION OF LOHAN TAO KEMPO

**Mrs. Tatiana Clemente** ([geral@fplk-kempoportugal.com](mailto:geral@fplk-kempoportugal.com))

Our team need airport transfers for a total of .....people.

## HOTEL ROOMS REQUEST

**National Kempo/Kempo Organization Name:**

.....

**Country:** .....

**Team leader name:** .....

**Team leader mobile phone:** .....

**Team leader e-mail address:** .....

Room 1: .....

Room 2: .....

Etc.....

Check-in: .....

Check-out: .....

*Note: Please specify the name of people per each room*



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### CLARATION

Name of competitor: .....

Gender: ..... Date of Birth: .....

Country: .....

National Organization : .....

### CONSENT OF LEGAL REPRESENTATIVE:

I .....,  
as the legal tutor (father/mother/guardian) of the competitor mentioned above, give my consent to him to participate in this combat sport championships. I shall not hold the IKF, the organizers or any other person or organization, responsible for any accident or injury during this event.

Signature: ..... Date: .....

### CONSENT OF THE NATIONAL ORGANIZATION:

I ....., as  
the national team leader mentioned above, give my consent to our competitor to participate and shall not hold the organizers or any other person or organization responsible for any accident or injury during this championship.

Signature: ..... Organization stamp: .....

### MEDICAL DECLARATION:

*(To be completed by a Doctor specialized in sport activities)*

I.....,  
hereby declare that the competitor mentioned above, is in good health, without any serious illness or disease and is fit to take part in this combat sport championships.

Doctor's signature: ..... Doctor's Stamp: .....

**Note:**

*This form must be filled for each competitor. Consent of parents' mandatory, under 18 years old.*

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